

Sugar	F1	F2	F3	P1	P2	P3	Avg	HbA1c
Goal	115	115	115	115	115	115	115	5.1
Target	120	120	120	160	160	160	140	6.2
Achived	224	115	161	160	119	215	166	7.4

HbA1c		
7.4	27-04-2021	
6.8	12-02-2022	
8.1	14-05-2022	
9.7	12-08-2022	
7.1	26-11-2022	
6.7	24-06-2023	
7.1	27-11-2022	
7.1	14-03-2025	
6.7	14-05-2025	
7.8	13-08-2025	

Blood glucose mg/dl	status	HbA1c %
97 - 110	Normal	4.4 - 5.5
110 - 130	Pre-Diabetes	5.5 - 6.0
130 - 155	Diabetes Good control	6.0 - 6.8
155 - 184	Diabetes	6.8 - 8
184 up to	Diabetes Poor control	8 up to